

# CONFERENCE ON AESTHETIC SURGERY ITALY-COSTARICA

San José de Costarica

29<sup>TH</sup>/31<sup>ST</sup> March 2007

[www.surgerycourse.com](http://www.surgerycourse.com)

Congress venue:  
Hotel Barcelò San José Palacio – San José de Costarica

IN COOPERATION WITH:



Universidad de Iberoamerica. San Jose, Costa Rica



Università degli Studi  
Di Milano

## SCIENTIFIC COMMITTEE:

President: Giovanni Montoya Mora. President of the Costarrican Society of Plastic Surgery  
Italian Co-president: Marco Klinger Director of the School of Plastic Surgery – University of Milano  
Scientific Direction: Manuel Chacón Quiros, San Jose Costa Rica  
Scientific Brain: F. W. Baruffaldi Preis, Milano Italia  
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Y. PRADA  
G. REYNA  
C. RIVERA  
S. RUBISTEIN  
A. SALAS  
O. SUAREZ  
A. VARGAS



Before or after the conference we can organize some tour packages for visiting the main attractive sites of Costarica: Tortuguero National Park, volcano Arenal and the thermal baths, volcano Poas, the beautiful white beaches on the Pacific Ocean. Prices from Euros 1.500 to Euros 2.500.

For information please contact:  
CQ Travel, email [congress@cq-travel.com](mailto:congress@cq-travel.com)

## PRELIMINARY PROGRAMME

**Thursday 29th March 2007**

### “Facial Surgery”

09.00-09.50	<i>Reconstructive surgery of the nose</i> <i>Chairman: D. Fasano – S. Araya</i>
1. S.Grappolini:	Nose reconstruction with local flaps
2. D.Blandini:	Nose reconstruction with distal flap
3. L. Da Cruz:	Nasal reconstruction with silicon implants
4. F. Baruffaldi P.:	Nose reconstruction . What to do with emergencies
5. G Reyna:	Nasal Reconstruction with local flaps

9.50-10.20 Discussion

10:20-10.30 Coffee break

10.30-12.00: *Aesthetic surgery of the nose*  
*Chairman: A.M. Fontana - J. Cyman*

1. M.Klinger:	How to project nose correction
2. R.Pino:	Aesthetic Rhinoplasty
3. P.Guidarelli:	Closed rhinoplasty. The way I do it
4. M.Signorini:	Open vs Close: When do I prefer one or the other
5. A. Arguello:	Closed or open Rhinoplasty

12.00-12.30 Discussion

12.30-13.30 Lunch

13.30-15.00 *Ageing face*  
*Chairman: M. Klinger- M. Achio*

1. J. Mora:	MAX lift
2. A. Lev:	Rhytidectomy personal evolution
3. M.Signorini:	Face lift: combined procedures
4. P.Santanchè:	Face lift: How I changed my technique in the last 10 years
5. L. Da Cruz:	Non traditional facial surgery
6. P.Sibille:	Face lift: the way to prevent complications
7. E.Caccialanza.	Face lift: the procedure for day surgery patients

14.40-15.10 Discussion

15.10-15.30 Coffee break

15.30-17.30 *Eyelid surgery*  
*Chairman: D.Blandini - S. Rubistein*

1. M. Klinger:	Upper eyelid procedures
2. D. Spirito:	Lower eyelid procedures
3. A. Fournier:	Details of facial and eyelid surgery
4. F. Baruffaldi P.:	Upper eyelids : Cosmetic and functional corrections
5. M. Chacón Q:	Facial surgery the harmonic scalpel
6. M. Signorini:	Correction of the hooding eyebrow
7. L. Murillo:	Facial suspension with threads

16.50-17.20 Discussion

17.20-17.40 Coffee break

17.40-18.40 *Workshop on fillers and Botulinum toxin*  
*M. Signorini*

**Friday 30th March 2007**

### “Breast surgery”

09.00-09.50	<i>Autologus breast reconstructive surgery</i> <i>Chairman: S. Grappolini - G. Fonseca</i>
1. Y. Prada:	Autologus reconstructive breast surgery
2. M.Nava:	20 years of Istituto dei Tumori breast reconstruction (Milano ) experience
3. J.R. Poveda:	Breast reconstruction with abdominal advancement flap
4. P.L. Santi:	20 years of Istituto dei Tumori breast reconstruction (Genova ) experience
5. J. Prada:	Breast Reconstruction

09.50-10.20 Discussion

10.20-10.30 Coffee break

10.30-12.00

1. A. Lev:	Breast reconstruction with skin expanders and implants
2. M.Klinger :	<i>Chairman: P.L. Santi- Y. Prada</i> Reconstruction with tissue expander and breast implants
3. P.L.Santi :	Use of anatomical implants for breast reconstruction
4. G. Fonseca:	Use of expanders for breast reconstruction
5. D.Fasano:	Breast reconstruction with Latissimus dorsi flap
6. M.Nava:	Controlateral correction in breast reconstruction Breast reconstruction : How to manage radio-dermatitis

12.00-12.30 Discussion

12.30-13.30 Lunch

13.30-15.00 *Breast augmentation*  
*Chairman: M.Signorini - J. Mora*

1. C. Moro:	Augmentation Mastoplasty
2. P.Santanchè:	Breast augmentation from the axilla
3. E.Caccialanza:	Breast augmentation with poliurethane
4. O. Suárez:	Aumento Mamario por via axilar y Periareolares
5. M. Cavallini:	Review of complications in breast augmentation
6. A. Vargas:	Total glandular flap

14.50-15.20 Discussion

15.20-15.30 Coffee break

15.30-17.00 *Breast reduction and mastopexis*  
*Chairman: E. Muti- G. Guzman*

1. M. Alfaro:	Mouilly Douformentel Technique
2. M. Klinger:	Breast reduction with short T
3. R. Araya:	Breast surgery with skin adjustment
4. E. Caccialanza:	Breast reduction only using vertical scar
5. O. Suárez:	Mastopexy with implants
6. M. Nava :	Mastopexy + augmentation
7. D. Spirito :	Round block and areola-pexy
8. M. Chacón Q.:	Mastoplasty with Jensie technique, a 20 year evolution
9- G. Montoya:	Vertical mastopexy

17.00-17.30 Discussion

17.30-17.45 Coffee break

17.45-18.45 *Workshop on chemical peeling*  
*M. Cavallini*

**Saturday 31st March 2007**

### “Body volumes”

09.00-10.00 *Abdominoplasty*  
*Chairman: D.Spirito – A.Salas*

1. M. Achio:	Abdominoplasty
2. F.Lauro:	Miniabdominoplasty
3. M.Cavallini:	New tools in abdominal surgery
4. M. Chacón Q:	Drastic abdominoplasty
5. P.Guidarelli :	Abdominoplasty + liposuction

09.50-10.20 Discussion

10.20-10.30 Coffee break

10.30-12.30 *Liposuction and body contouring*  
*Chairman: E.Caccialanza - M. Alemany*

1. A. Salas:	Liposuction
2. G.Montoya:	Liposuction and Lipoinjection
3. D.Spirito:	How to manage contouring patient with multiple procedures in the body
4. D.Fasano:	Lipectomy after bariatric surgery
5. J. Poveda:	Laserliposuction
6. D.Blandini:	Treatment of the umbilicus: how to decide for transposition
7. C. Rivera:	Vibroliposuction
8. S.Grappolini:	Use of synthetic nets for abdominal wall reconstruction
9. J.F. Capella:	My experience in body contouring
10. G. Guzman:	Liposculpture, 13 year personal experience

12.10-12.40 Discussion

13.00 End of meeting and certificate distribution